## ABSTRACT OF THE INVENTION DISCLOSURE

Single-acting cylinder-piston unit of plunger type, comprisinghaving a cylinder (1) closed at one end by a base (4) and containing a slidable cylindrical rod (5), the inner end of which presents two adjacent circumferential grooves (18, 28), the first (18) of which acts as a final seat for a split ring (8) defining the limit of the outward stroke of saidthe rod, and the second (28) of which acts as a temporary seat for the said-split ring, enabling the rod with the split ring mounted thereon to be inserted into the cylinder, saidthe second groove (28) being situated at the inner end of saidthe rod and saidthe first groove (18) being situated more towards the opposite end of saidthe rod, in proximity to saidthe base, there being provided a counteracting member beingwhich during the final stage of the total insertion of the rod into the cylinder is arranged to interfere with the split ring in order to cause it to transfer from saidthe second groove to saidthe first groove during the final stage of insertion.